

# 393rd/LSV1



## SHORELORD EXPENSE

Volume 1, Issue 4

30 August 2000

## Commanders' Corner

Terry L. Josleyn 393<sup>rl</sup> HMOD

First and foremost a hello from the soldiers of the 393<sup>rd</sup> goes out to all. A lot of special events have unfolded since the last issue of the SHORELORD EXPRESS was released. The detachment participated in Operation Strong Virginian in Hythe, England, a three-week deployment. To SFC Borgert, SSG Strickland and PFC. Wejbe, outstanding performance, I know a lot of hard work and long hours were dedicated to this mission. The mission consisted of downloading the Strong Virginian of 4 LCU's and various type of cargo. Once the download was complete the operation was then shifted to beach operations in which the detachment was responsible for the forward movement of various cargo to other destinations. To our British counterparts thank for all the support.



393rd Team Alpha and LCU lineup

The remaining personnel in the detachment were also

continued on page 2

### INSIDE THIS ISSUE

- 1 Commander's Corner
- Notes From First Sergeant
- 2 Community News: What's in it for Me!
- 5 Calendar of Events

## Commanders' Corner

#### **Walter Ortiz**

LSV 1

Greetings to all the, Officers, Soldiers and Family members of the LSV-1. I would like to take this opportunity to introduce myself and share with you a few thoughts on what lies ahead. First let me say that have been in the ARMY and the Marine Field since 1981. During my tenure, I have been assigned to just about every watercraft in the ARMY'S inventory active and retired. I am married to Pamela (Pam) Ortiz and have one daughter Anjelique (Anjel).

The time has come for us to deploy and relieve our fellow mariners aboard the USAV Frank S. Besson (LSV-1). We will be transitioning from manning the 1099th Trans Det (LSV-4) and becoming the 335th Trans Det (LSV-1) in the South-West Asia Theater. This deployment, will be 6 months in length. As the Commander, I am personally concerned for all of you, the LSV-1 family. I assure you, I will take absolute care of our soldiers and will do everything within my power to assist you in any endeavor. Fortunately, we have an outstanding team and I have no doubt, with your support, we can return proudly with a totally successful mission. CW3 Josleyn will assist our Families as rear detachment commander and provide the immediate. military link in any event that may present itself while we are away. Thank you Terry. I want to stress to all members of the LSV-1 family that I am here to help you and will always be available to answer any questions. While deployed, your soldier will always have access to me and you may contact me personally, if so desired, by email. Together we can accomplish anything. I whole-heartedly believe this. "There Can Only Be One" LSV-1. WATERBORNE

> CW3 Walter Ortiz Incoming Commander

deployed for TRANSLOTS 00 in Ft Story, Virginia, which was not an easy task. SFC Hall served as the Rear Detachment Commander. Upon the return from England, the detachment once again suited up for battle and deployed as a whole to Ft Story, for Op Sail 2000 Redeployment. It has been a very busy couple of months keep up the great work.

The Shorelords softball team Great performance! The team completed the season yesterday after making it into the playoffs. During the next few months the detachment will be preparing for the unit's OIP. Also the detachment will be deploying to the field in the latter part of September for a five-day exercise. On the Family Readiness Group side of the house I would like to welcome aboard all of the family members of the LSV-1. As the Rear Detachment Commander I will be available to assist anyone with any of your concerns that may arise while your spouse's are deployed. The LNO Family Support Group Leader will be Mrs. Olga Gonzalez and the LSV Family Support Group Leader is Mrs. Pam Ortiz, thank you for providing us with your valuable time in support of all the families.

SHORELORDS "Skip"

## **Notes From the First Sergeant**

A warm hello, and welcome to all, I hope everyone enjoyed their Summer. Remember school will be starting soon so be safe and watch out for the extra activity that this brings. Thanks to all soldiers that participated on the 393<sup>rd</sup> softball team, your performance GREAT! Congratulations to all soldiers that completed schools within the last few months. We have several upcoming events, OIP and BN FTX. I would aslos like to thank the soldiers of the 393<sup>rd</sup> for doing what it takes and making my job easy. I am looking forward to the next few months and welcome the soldiers and family members of the LSV1 to the FSG while their soldiers are deployed to Kuwait.

#### Welcome!

## **SPC Charlotte Ford-Cunningham**

Hello all and welcome to the soldiers and family members of the LSV 1. 393<sup>rd</sup> will be acting as the rear detachment for the FSG while the soldiers are deployed. I will also be handling the distribution of LES', if you have not yet brought me self-addressed

stamped envelopes please drop them by building 444 or I will store them for you in a secured file until your return. Again, welcome. A special thanks to SGT Mansell for all his help and support of the 393<sup>rd</sup> and its endeavors

## **Operations**

#### **CPL Michael Hiatt**

I would like to thank the soldiers in the Operations Area for the great job they accomplished in the month August. Due to your hard work and dedication 10<sup>th</sup> BN was able to successfully complete Red Cycle. The many early mornings and late nights that you worked are appreciated. I would also like to wish SPC Allison all the best in the September E5 Board, I believe he will make a great NCO.

## Training Update: "WE AIM TO PLEASE"

#### **SSG James Strickland**

First and foremost I would like to congratulate our newly returning graduate from PLDC, SGT Bordeaux. Also I would like to wish SPC ALLISON good luck on the E-5 promotion board.

The past few weeks we have participated in several training exercises and classes. As the new fiscal year approaches I would also like to give a whooa to the detachment for 100% completion of all the newly assigned class requirements.

On the (UPL) UNIT PREVENTION LEADER side of the house, we had our first urinalysis and everything went well. That in its self deserves the utmost praise and a double ....

whooa whooa!!!

## Community News: What's in it for Me?

There are several ways you can change your address in the Defense Enrollment Eligibility Reporting System (DEERS) database.

1 Online changes may be made at https://www.tricare.osd.mil/DEERSAddress/

## Community News: What's in it for Me?

(continued)

- Address changes may also be made by calling the DEERS Support Office at one of its toll-free numbers:
  - 1-800-334-4162 (California only)
  - 1-800-527-5602 (Alaska and Hawaii)
  - 1-800-538-9552 (all other states)
- Address changes may be faxed to (831) 655-8317

Note: To avoid delays, the best time to call the DEERS Support Office is 0900-1500 (9 a.m.-3 p.m.), Pacific Time, Wednesday, Thursday or Friday.

- 7 Sep 00, 7th GRP Blood Drive spned by DIVE Det 20-21 Sep 00, 6th Annual Joint Services Exceptional Family Member/Special Needs Awareness Forum, Little Creek Conference Center (Bldg 3430), Naval Amphibious Base, Norfolk, VA, for more information or to register call: Ft Monroe, 727-3535, Langly AFB, 764-9502, Coast Guard, 686-4033, Navy, 953-5833, TRICARE Mid Atlantic, 314-6454
- 3 Oct 00, Sponsorship "Train the Trainer," 0900-1000, Deployment Training Center Bldg 839 Lee Blvd, POC is Anastasia Kakel, 878-5377
- 6 Oct 00, Columbus Day Training Holiday
- 9 Oct 00, Columbus Day
- 15 Oct 00, AUSA Run Teams, each Bn is sending a team
- 2 Nov 00, 7th GRP Blood Drive
- 7 Nov 00, Family Readiness Leadership

Training, 0800-1200, 7th GRP Conference Center Bldg 830. It is very important for all unit commanders, 1SGs, Rear Detachment Commanders, Family Support/Readiness Coordinators and Family Support Readiness Leaders and Volunteers to attend training if they have not already done so, POC is Anastasia Kakel, 878-5377.

- 10 Nov 00, Veteran's Day Obseved Holiday (as holiday falls on a Saturday)
- 11 Nov 00, Veteran's Day Public Holiday
- 13 Nov 00, Veteran's Day Training Holiday
- 18 Nov 00, Richmond Marathon
- 23 Nov 00, Thanksgiving Public Holiday
- 24 Nov 00, Thanksgiving Training Holiday
- 13 Oct 00, October Fest a family affair sponsored by the Fort Eustis Club, fun activites for children and adults, location is Murphy Field, call Lynette for more information 878-5700.

## Community News: What's in it for Me?

(continued)

- 19 Oct 00, YOUR BABY TO BE, Information on prenatal care, your growing baby, your changing body and eating for two (what's safe & what isn't). Building 601, ACS Classroom, 878-3638.
- 23-24 Oct 00, AFTB Level 1, 0845-1300, Attend classes and learn basics about military acronyms, customs, courtesies, lifestyle, community support services, and benefits, entitlements and compensation. This is a great class for anyone who would like to learn more about Army life! Call Cindi Clark, 878-0912 to
- 6, 7, 9 Nov 00, AFTB Level 1, 1830-2100, Attend classes and learn basics about military acronyms, customs, courtesies, lifestyle, community support services, and benefits, entitlements and compensation. This is a great class for anyone who would like to learn more about Army life! Call Cindi Clark, 878-0912 to sign up.
- 14 Nov 00, Fort Eustis Club Council Meeting, 1130-1230, service and family members are welcome to attend and share their ideas of what they would like the club to offer, if you are interested in attending.
- 28, 30 Nov, 4, 5, 7 Dec 00, AFTB Family Support and Readiness Seminar, 1830-2100. Attend and enhance your personal skills which you will use for the rest of your life! Examples are stress, time and meeting management, relationship building and personality types. Call Cindi Clark, 878-0912 to sign up.
- 8 Sep 00, The Fort Eustis Club
  Presents Mongolian BBQ, 1800 2100,
  Reservations Requested~\*~\*~~\*~\*~\*
  Coming Soon, NFL SUNDAY TICKET, 6 TV's &
  QB1, Door Open at 1200, Starts Sept 10,00
  Lynette Scherich, Business Manager, The Fort
  Eustis Club, Building 2123, Fort Eustis VA 23604
  scherichl@custis.army.mil, 878-5700 878-4671
  (fax)
- 8 Sep 00, ESTABLISHED LEAGUE SEEKING
  NEW MEMBERS: LADIES NITE OUT LEAGUE
  FRIDAY NIGHTS, 1900 HRS, 3 PER TEAM, 32 Week
  Season MEETING DATE: 08 Sept 00, 1830 hrs
  START DATE: 8 Sept 00, 1900 hrs
  Interested Bowlers should contact Grace Bates at 8869466 after 6pm. OR Ft. Eustis Bowling Center,
  Bldg. 675, (757) 878-5482

## BIRTHDAYS ANNIVERSARIES

MR. JOSLEYN

24 SEP

JAMES & LEATRICE STRICKLAND 1 SEP 5YR WED

SPC FISHER 15 SEP

SFC HALL 09 SEP 20YR MIL ANN

**B-DAY** 

BRANDON CUNNINGHAM 19 SEP B-DAY

BRITTANAE CUNNINGHAM 23 SEP B-DAY

## THE PAIN OF SEPARATION by Father Tom Killeen

Love is a demanding operation. It takes two people and slowly they become one, or at least more than they were by themselves. Their independence is gone, and their relationship is always the most important thing.

The Army (or just life in general) causes a separation for many weeks, months or a year. The oneness is fractured - one's wholeness is missing. The lack of your partner is painful. You think, "I am not whole, and it hurts. Emotionally, I am out of balance. Things are not right. Our attitudes are lousy and it takes enormous effort to do just normal things." After a while, the emotional problems become physical. You can't sleep or eat. You may have a real stress disorder. PAIN! You think, "He is not there and my wholeness is gone."

Who likes to suffer? We are Americans! We have pills to take any pain away. Maybe we need one pill, or it may be that we need LOTS of pills. There is also the temptation to seek other arms. "If only someone will hold me, I would be okay." Then we are just adding guilt to all of the pain we already have. Nothing real was solved. There are so many ways to run from the pain, but THE RUNNING CAUSES MORE PAIN! It can even become obsessive.

When you stop and think about it, do we really want to be free of this hurt? What does the pain represent? The pain is our LOVE. I do not want to be free of it. In fact, I pity so called "lovers" who miss each other when they are separated.

We share the hurt for each other, and it brings us together during the time of separation. We appreciate the hurt for what it represents: US. In fact, at times, we even hug the pain for what it represents. Oddly, the hurt has meaning. Embracing it keeps it from becoming worse or obsessive. It has its honored place in our lives and then we can be free to do healthy things.

May God bless you and may you have Happy Suffering!

#### **DEPLOYMENT**

I'M SO GLAD YOU'RE BACK, THOUGH I KNOW IT'S NOT TO STAY. I KNOW WHAT THE MILITARY WANTS: TO TAKE YOU FAR AWAY. EACH MOMENT WE SPEND TOGETHER I TREASURE FOREVER ON, SLEEPING IN YOUR ARMS UNTIL WE SEE THE DAWN. MY LOVE WILL ALWAYS BE WITH YOU AS YOU MUST GO TO THAT PLACE, BUT ETCHED IN MY MEMORY I SEE YOUR GLOWING FACE. I'M MISSING YOU EACH MOMENT AND EVERY SECOND THAT YOU ARE GONE. BUT STILL, IT'S MUCH TOO LONG. I JUST TRY TO KEEP THINKING, SOON YOU'LL BE BACK FOR GOOD AND HOLD ME IN YOUR ARMS, JUST LIKE I KNEW YOU WOULD. YOU KNOW MY LOVE WILL GO ON AND ECHO ON THROUGH TIME BECAUSE I'M GOING TO LOVE YOU FOREVER AND FOREVER YOU'LL BE MINE.

> Sharene Blood (Currier) San Diego, CA

## RECIPE FOR A MILITARY WIFE

1 1/2 cups Patience2 tablespoons Elbow Grease1 pound Courage1 cup Tolerancedash of Adventure

Marinate frequently with salty tears and pour off excess fat. Sprinkle ever so lightly with money, kneading dough well until payday. Season with international spices. Bake for twenty years or until done. Serve with pride!

## **COUNT YOUR BLESSINGS**

Count your blessings instead of your crosses,
Count your gains instead of your losses,
Count your joys instead of your woes,
Count your smiles instead of your tears,
Count your courage instead of your fears,
Count your full years instead of your lean,
Count your kind deeds instead of your mean,
Count your health instead of your wealth,
Count on GOD instead of yourself.

Author Unknown

#### CALENDAR OF EVENTS

SPECIAL EVENT: FSG MEETING

DATE: 26 OCT 00

PLACE: THIRD PORT DAYROOM

TIME: 18:30

Please give your input on the topic of our next meeting. Your ideas and interest are welcome. Must have a topic by 1 Oct 00 so any arrangements may be made. Point of contact, SPC Charlotte Ford-Cunningham, 878-3295 or Pam

Ortiz at 804-693-0683.

SPECIAL EVENT: VIDEO TELE- CONFERENCE FOR LSV 1

DATE: 26 OCT 00

PLACE: POST VTC TIME: 0800 - 1000

This is still being arranged so the date and time are subject to change. Once we are sure that the hook up to Kuwait can be done at that hour more information and sign-up sheets

will be made available.

SPECIAL EVENT: VIDEO HOLIDAY CARDS 393\*D / LSV 1

DATE: 16 Nov 00

PLACE: THIRD PORT DAYROOM

TIME: 18:30

Send holiday cheer through a video card. Send your love one a personal bit holiday cheer while you're apart at this special time. More information will follow, if you have any suggestions please contact SPC Ford-Cunningham at 878-

3295.

SPECIAL EVENT: 393\*\* DINING OUT

**DATE: 08 DEC 00** 

PLACE: TBA TIME: TBA

Formal evening of dinning to introduce young soldiers to a formal military atomshpere. Point of contact, SPC Charlotte Ford-Cunningham, 878-3295 or CPL Mike Hiatt 878-4009.

SPECIAL EVENT: 393\*\* CHRISTMAS PARTY

**DATE: 14 DEC 00** 

PLACE: TBA TIME: TBA

The particulars for this event are still being arranged.

#### ANNOUNCEMENTS

Congratulations to SPC Boudreaux on completing PLDC.

kid's Corner



Ch is josleye Age: 12

Went to Kings Dominion and role the Volcano

Brad Joseph Age: 7

Helped catch 8th has this Summer





Meras & Denn Stricklend

up to our Necks Marcus & Domes Strictional



When asked what he did over Summer break, Jacob Garret replied, "Went to Canada to go To Wal-Mart!"

## QUESTIONS AND ANSWERS

Q. Does a single soldier need a will?

A. If a single soldier wants his/her belongings split evenly between his parents the answer is no. If a single soldier wants his/her belongings to go to a sibling, one parent or split between family and friends then the answer is yes. Call Legal, 878-3031 to set up an appointment.

- Q. When a soldier receives a Red Cross message does it mean they will automatically be able to take leave?
- A. Every situation is different and warrants attention. Just because a soldier receives a Red Cross message does not mean they will automatically be able to take leave.

#### Red Cross Messages

If a soldier receives a Red Cross message it does not automatically mean the soldier will return home. Mrs. Rita Howard of the Fort Eustis Red Cross (878-3339) Red Cross continued...

said there is a "minimize" condition put on messages which would be sent by the Red Cross. Under minimized conditions the following should not be serviced:

- Health and Welfare inquiries.
- Messages in reference to non-immediate family members, unless additional information (included in the message) strongly supports an emergency.
- Requests relating to the military aid society.
   Due to the fact that the Red Cross now only sends messages from the regional communications branch in Virginia (1-877-272-7337) the local Fort Eustis Red Cross does not know when a message is being sent to a deployed Fort Eustis soldier.

The SOLUTION to this issue is to train service and family members that:

- The Red Cross service is available to them;
- The receipt of a Red Cross message does not automatically mean the soldier will return home, however, in most cases a Red Cross message is required by the Commander or 1SG to verify the emergency;
- And it is best to inform the rear detachment or chain of concern that there is an emergency so the wheels can be turning before the actual receipt of the Red Cross message.

NOTE: In light of the deployment of the LSV 1 soldiers the above question and answer section is a repeat, however, if you have any questions you would like to have answered or you have the useful information please contact SPC Ford-Cunningham at 878-3295 or Pam Ortiz at 804-693-0693. Thank you.

393<sup>rd</sup> Harbormaster Operations Detachment Building 444 Ft. Eustis, VA 23604 PLACE

MERE

ADDRESS CORRECTION REQUESTED

TO:

Congratulations to PFC Wejbe on purchasing his first vehicle.

Drive Safely!

